



DELAWARE COALITION
AGAINST DOMESTIC VIOLENCE

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Leading with **HEART** Hope - Empowerment Accountability - Resilience Togetherness

19th ADVOCATES' RETREAT AND CONFERENCE
ATLANTIC SANDS HOTEL AND CONFERENCE CENTER
REHOBOTH BEACH, DE



**This Conference is supported through the Delaware Criminal Justice Council by the U.S. Department of Health and Human Services, Administration for Children and Families, Family Violence Prevention and Services Program, sub-grant FFY2016 FVPSA Outreach, Training, TA Grant for DCADV, and matching funds.*

MONDAY, MAY 1, 2017

8:00 – 9:00 **Continental Breakfast and Registration**

9:00 – 10:15 **Welcome:** *Sue Ryan, Executive Director, Delaware Coalition Against Domestic Violence*

Keynote Presentation: To Be Announced

10:15 – 10:30 **Break and travel to workshops**

10:30 – 12:00 **Workshop Session 1**

A) From Fight or Flight to Feeling (Mostly) Alright

Barbara Gibson, Safehouse Director, Women's Resource Center to End Domestic Violence

B) We All Belong Here: Promoting Social Inclusion to Prevent Violence

Colleen Yeakle, Coordinator of Prevention Initiatives, Indiana Coalition Against Domestic Violence

C) Boys and Men as Agents of Change: Engaging Boys and Men in Domestic and Sexual Violence Prevention

Joanne Sampson, Sexual Violence Prevention Specialist/Sexual Offense Support Victim Advocate, Student Wellness & Health Promotion, University of Delaware; Moriel McDuffy, Assistant Director of Community and Special Programs, Pathways by Molina; Alisia Drew, Engaging Men Project Coordinator, Delaware Coalition Against Domestic Violence

12:00 – 1:15 **Lunch**

1:15 – 2:45 **Workshop Session 2**

A) Be Bold! Maximizing our Advocacy as 501(c)(3) Public Charities

Keely Monroe, Counsel for the Bolder Advocacy Initiative, Alliance for Justice

B) Victims' Compensation in Delaware

Cara Sawyer, Executive Director, Victims' Compensation Assistance Program

C) Do You: Building Youth Resilience Through Creative Expression

Leslie Conway, Prevention Coordinator, Virginia Sexual and Domestic Violence Action Alliance

2:45 – 3:00 **Break and travel to workshops**

3:00 – 4:30 **Workshop Session 3**

A) Understanding and Limiting Burnout in Human Services: An Organizational and Individual Approach

Moriel McDuffy, Assistant Director of Community and Special Programs, Pathways by Molina

B) Healthy Masculinity

Juan Rodriguez, Domestic Violence Treatment Counselor, Turning Point at People's Place and Edward Bell, Domestic Violence Counselor, People's Place

C) Stalking: Dynamics, Prevalence, Lethality

Sue Ryan, Executive Director, Delaware Coalition Against Domestic Violence

TUESDAY, MAY 2, 2017

- 8:00 – 9:00** **Continental Breakfast and Registration**
- 9:00 – 10:15** **Welcome and Recognition of DE Domestic Violence Specialists:** *Courtney Winkler, Training and Outreach Coordinator, Delaware Coalition Against Domestic Violence*
- Keynote Presentation:** *Mariann Kenville-Moore, Director of Advocacy & Policy, Delaware Coalition Against Domestic Violence*
- 10:15 – 10:30** **Break and travel to workshops**
- 10:30 – 12:00** **Workshop Session 1**
- A) Working Together Serving our Latinx Community: Police-Based Advocacy**
Carmen Mendez, Victims' Assistant, New Castle County Public Safety and Carolyn Becker, Bilingual Victims Case Coordinator, Wilmington Police Department Victim Services
- B) What Surrounds Us, Shapes Us: Preventing Violence by Promoting Safe, Stable, and Nurturing Relationships and Environments**
Colleen Yeakle, Coordinator of Prevention Initiatives, Indiana Coalition Against Domestic Violence
- C) From Fight or Flight to Feeling (Mostly) Alright [REPEAT SESSION]**
Barbara Gibson, Safehouse Director, Women's Resource Center to End Domestic Violence
- 12:00 – 1:15** **Lunch**
- 1:15 – 1:30** **Break**
- 1:30 – 2:15** **Plenary Session: To Be Announced**
- 2:15 – 2:30** **Break and travel to workshops**
- 2:30 – 4:00** **Workshop Session 2**
- A) The Intersection of Sexual Assault and Intimate Partner Violence: Implications for Advocacy & Crisis Intervention**
Angela Seguin, Coordinator, Sexual Offense Support, University of Delaware Student Wellness & Health Promotion
- B) Victims' Compensation in Delaware [REPEAT SESSION]**
Cara Sawyer, Executive Director, Victims' Compensation Assistance Program
- C) Defining Disabilities-Both Visible and Invisible- and Empowering Advocates**
Nikki Kress, Program Coordinator, Delaware Center for Justice and Pat Kwetkauskie, Trainer/Educator, Domestic Violence Coordinating Council

WORKSHOP SESSION DESCRIPTIONS: DAY 1

Workshop Session 1: Monday, May 1 10:30 a.m. – 12:00 p.m.

- A) From Fight or Flight to Feeling (Mostly) Alright
Barbara Gibson, Safehouse Director, Women's Resource Center to End Domestic Violence

We all have the power to restore ourselves. This workshop offers hands-on practice of wellness tools that combine the benefits of mindfulness meditation with the Community Resiliency Model to arrive at self-care skills survivors and advocates can use anytime to respond compassionately to themselves. The practice marshals inner resources to shore up and deepen resilience for greater emotional stability and well-being.

- B) We All Belong Here: Promoting Social Inclusion to Prevent Violence
Colleen Yeakle, Coordinator of Prevention Initiatives, Indiana Coalition Against Domestic Violence

The Centers for Disease Control and Prevention (CDC) has identified social exclusion as a risk factor for domestic violence, child abuse, youth violence and bullying. With this workshop we will explore the connections between social exclusion and violence. We will then engage in an activity to develop skills for increasing social inclusion by ensuring that gathering places in our communities are spaces where everyone feels valued, where differences between people are respected and where all members can fully participate.

- C) Preventing Violence Through Promoting Healthy Masculinity
Joanne Sampson, Sexual Violence Prevention Specialist/Sexual Offense Support Victim Advocate, Student Wellness & Health Promotion, University of Delaware; Moriel McDuffy, Assistant Director of Community and Special Programs, Pathways by Molina; Alisia Drew, Engaging Men Project Coordinator, Delaware Coalition Against Domestic Violence

Historically, domestic and sexual violence has been viewed as a “women’s issue.” While women and female identified individuals are disproportionately impacted by these crimes, there has been a growing movement in the field of violence prevention to reframe this narrative and identify domestic and sexual violence for what it is; everyone’s issue- but particularly, a men’s issue. Facilitated by Delaware Men’s Education Network partners, this interactive workshop will make the connections between acts of violence and norms that promote hypermasculinity, violence, and inequality in relationships. Participants will identify ways to challenge harmful norms and replace them with ones that promote concepts of healthy manhood, equality, and respect. Participants will leave with concrete strategies to engaging boys and men as agents of change; a part of the solution to end men’s violence against women.

Workshop Session 2: Monday, May 1 1:15 p.m. – 2:45 p.m.

- A) Be Bold! Maximizing Our Advocacy as 501 (c)(3) Public Charities
Keely Monroe, Counsel for the Bolder Advocacy Initiative, Alliance for Justice

Advocacy is more important than ever to build power and protect our communities. There are many advocacy activities 501(c)(3)s can engage in to influence the policies and directions of elected officials at the local, state, and federal level – wondering when your communications might be lobbying or how to safely speak out on what decision-makers are doing? If so, this workshop is for you!

- B) Victims' Compensation in Delaware
Cara Sawyer, Executive Director, Victims' Compensation Assistance Program

This workshop will focus on the history and present workings of victims' compensation in Delaware. Advocates and others will gain insight into how claims are processed and determined. The workshop will also focus on the latest topics in the field and how they pertain to Delaware specifically.

- C) Do You: Building Youth Resilience Through Creative Expression
Leslie Conway, Prevention Coordinator, Virginia Sexual and Domestic Violence Action Alliance

The Do You Campaign addresses youth violence (dating and sexual violence, sexual harassment, and bullying) by confronting its root causes and enhancing protective factors (also referred to as “building resilience”) to promote positive development and healthy relationships. In this workshop, participants will be introduced to the Do You framework, receive an overview of the sessions as well as engage in a creative hands on activity from one of the sessions to demonstrate youth participation.

Workshop Session 3: Monday, May 1 3:00 p.m. – 4:30 p.m.

- A) Understanding and Limiting Burnout in Human Services: An Organizational and Individual Approach
Moriel McDuffy, Assistant Director of Community and Special Programs, Pathways by Molina

The training is an introduction to burnout and the effects of burnout on the individual and the organization. Burnout affects thousands of practitioners per year. Because burnout shares several symptoms with depression, the effects can be debilitating. This training seeks to explore burnout and its causes. Additionally, all participants will walk away with a concrete personal strategy to avoid or reduce burnout. Participants will create burnout plans with guidance from the trainer. This will be an interactive training with audio and visual learning tools for different types of learners.

- B) Healthy Masculinity
Juan Rodriguez, Domestic Violence Treatment Counselor, Turning Point at People's Place and Edward Bell, Domestic Violence Counselor, People's Place

Description coming soon!

- C) Stalking: Dynamics, Prevalence, Lethality
Sue Ryan, Executive Director, Delaware Coalition Against Domestic Violence

Stalking is a complex and dynamic crime that often escalates into more serious violence including, homicide. This workshop will address the definition of stalking, the prevalence and dynamics of stalking with a focus on the intersection of stalking and domestic violence and sexual assault, lethality risks, and the social normalization of stalking.

WORKSHOP SESSION DESCRIPTIONS: DAY 2

Workshop Session 1: Tuesday, May 2 10:30 a.m. – 12:00 p.m.

- A) Working Together Serving Our Latinx Community: Police-Based Advocacy
Carmen Mendez, Victims' Assistant, New Castle County Public Safety and Carolyn Becker, Bilingual Victims Case Coordinator, Wilmington Police Department Victim Services

Police-based advocates play an important role in serving the Latinx population. This workshop will address the responsibilities and unique challenges of police-based advocacy working with the Latinx community. In addition advocate self-care will be discussed, and how it is an important aspect in offering the best assistance to this underserved and vulnerable population.

- B) What Surrounds Us, Shapes Us: Preventing Violence by Promoting Safe, Stable, and Nurturing Relationships and Environments
Colleen Yeakle, Coordinator of Prevention Initiatives, Indiana Coalition Against Domestic Violence

Findings from the national Adverse Childhood Experiences Study show that early experiences of significant adversity result in negative physical and emotional health outcomes across the lifespan. Conversely, the CDC has identified safe, stable, supportive relationships and environments as a promising strategy for preventing multiple forms of violence. This workshop will explore innovative strategies for enhancing safety, stability and nurturance within our relationships, families, organizations and communities to promote the optimal wellbeing of all community members.

- C) From Fight or Flight to Feeling (Mostly) Alright [REPEAT SESSION]
Barbara Gibson, Safehouse Director, Women's Resource Center to End Domestic Violence

We all have the power to restore ourselves. This workshop offers hands-on practice of wellness tools that combine the benefits of mindfulness meditation with the Community Resiliency Model to arrive at self-care skills survivors and advocates can use anytime to respond compassionately to themselves. The practice marshals inner resources to shore up and deepen resilience for greater emotional stability and well-being.

PLENARY SESSION: TUESDAY, MAY 2 1:30 P.M. – 2:15 P.M.

STAY TUNED!

Workshop Session 2: Tuesday, May 2 2:30 p.m. – 4:00 p.m.

- A) The Intersection of Sexual Assault and Intimate Partner Violence: Implications for Advocacy & Crisis Intervention
Angela Seguin, Coordinator, Sexual Offense Support, University of Delaware Student Wellness & Health Promotion

Advocacy can be siloed and specialized, with a focus on either sexual assault or dating/domestic violence. Even advocates who address all types of gender-based violence can put on a specific "lens" when working with a client, based on the presenting concern. This session will present statistics and the current wisdom about the intersection of sexual assault and intimate partner violence, and will consider recommendations for how this information can be incorporated into our professional practices so that we can more efficiently and effectively assist the survivors who seek services.

- B) Victims' Compensation in Delaware [REPEAT SESSION]
Cara Sawyer, Executive Director, Victims' Compensation Assistance Program

This workshop will focus on the history and present workings of victims' compensation in Delaware. Advocates and others will gain insight into how claims are processed and determined. The workshop will also focus on the latest topics in the field and how they pertain to Delaware specifically.

- C) Defining Disabilities- Both Visible and Invisible- and Empowering Advocates
Nikki Kress, Program Coordinator, Delaware Center for Justice and Pat Kwetkauskie, Trainer/Educator, Domestic Violence Coordinating Council

The presenters will break down the definition of the word "disability" and hold a discussion on what the term means to each individual in the audience. The presenters will then talk about barriers that victims of domestic violence who have disabilities face in obtaining services. This workshop will empower service providers and advocates to be more trauma-informed in working with victims of domestic violence and other crimes who possess disabilities.



DCADV is committed to creating and maintaining a sense of community and inclusion for all its members and community partners. DCADV values diversity, including that of gender, race, ethnicity, country of origin, sexual orientation, gender identity, gender expression, class, religion, age, employment status and differing ability. We hope that whatever your identity, you'll feel welcome in the space we're creating, and you'll find discussions that relate to you. Please provide us feedback by completing an evaluation form.

EVENT DETAILS

- Use the hashtag **#DELeadsWithHeart** to share your experiences on social media!
- Continental breakfast, buffet lunch, and refreshments during break times will be served each day.
- Dress is comfortable. Many of the workshops include experiential activities, and we want you to feel at ease to move and participate freely. However, please keep in mind that this is a professional event. Clothing that works well for the beach, yard work, dance clubs, exercise sessions, and sports contests may not be appropriate.
- We strive to ensure the comfort and safety of conference participants by encouraging a smoke-free and fragrance-free environment.
- Our Exhibit Hall will be available throughout the entire conference.
- **NEW THIS YEAR:** In an effort to go green, we will not be providing paper copies of workshop materials. Instead, all attendees will receive a USB drive loaded with presentation materials.